



ALBANY TRANSITION (ALB.HAARP3): From over ALB VORTAC via ALB R-184 to STOTT INT, then via PWL R-003 to PWL VOR/DME, then via PWL R-250 and IGN R-070 to IGN VOR/DME, then via IGN R-203 to VALRE INT, thence. . . .

ROCKDALE TRANSITION (RKA.HAARP3): From over RKA VOR/DME via RKA R-127 to CYPER INT, then via PWL R-316 to TRESA INT, then via IGN R-013 to IGN VOR/DME, then via IGN R-203 to VALRE INT, thence. . . .

. . . .From over VALRE INT via DPK R-338 to BAYSE INT, then to HAARP INT, then via LGA R-044 to CRALY, then to LGA VOR/DME. Expect radar vectors to final approach course.