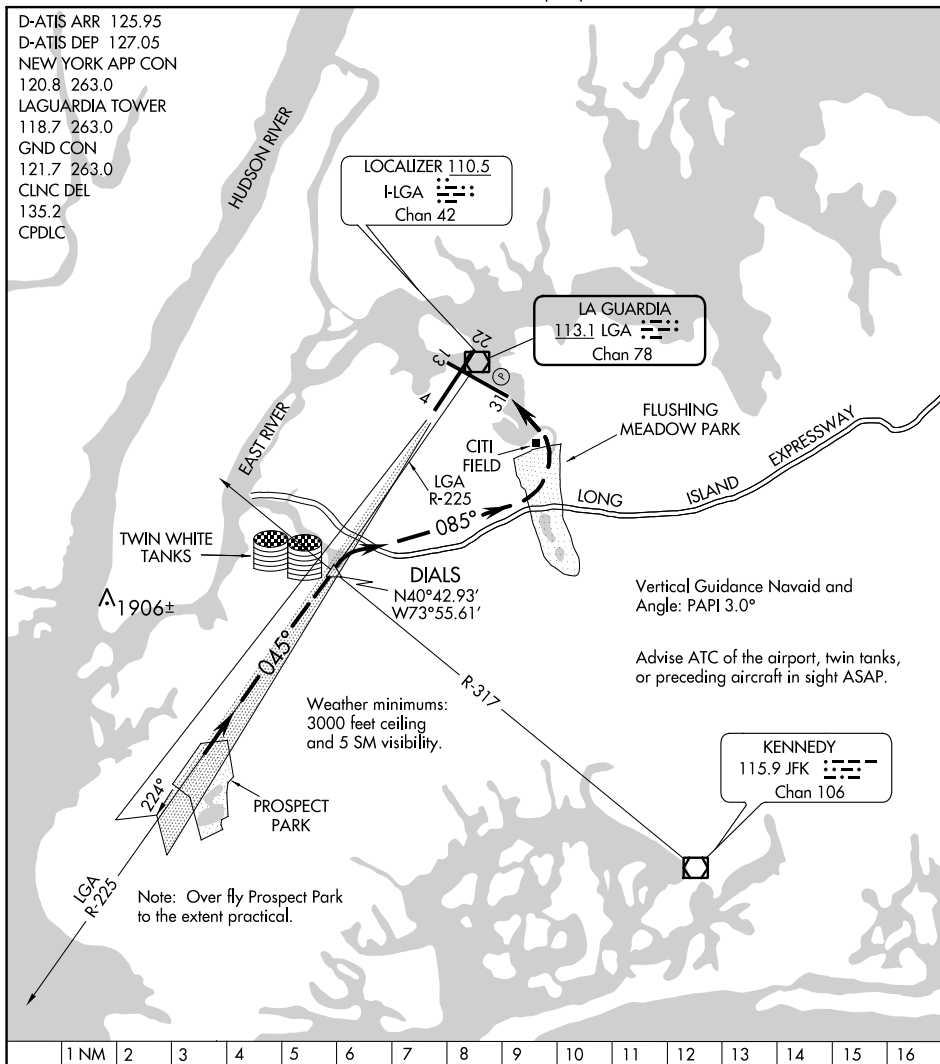


EXPRESSWAY VISUAL RWY 31

AL-289 (FAA)

LAGUARDIA (LGA)
NEW YORK, NEW YORK

D-ATIS ARR 125.95
D-ATIS DEP 127.05
NEW YORK APP CON
120.8 263.0
LAGUARDIA TOWER
118.7 263.0
GND CON
121.7 263.0
CLNC DEL
135.2
CPDLC



EXPRESSWAY VISUAL RWY 31

When cleared for an Expressway Approach to Rwy 31 (while on LGA VOR/DME R-225) cross DIALS INT at 2500 feet or above. Turn right at DIALS INT heading 085° and descend to Runway 31 via Long Island Expressway and Flushing Meadow Park. Use LGA Rwy 4 localizer for course guidance when LGA VOR is not available.

EXPRESSWAY VISUAL RWY 31

40°47'N-73°52'W

NEW YORK, NEW YORK
LAGUARDIA (LGA)